Frost

O
My
Soul,
Flee
The
Frost
Of
The
World
And
Hide
In
God.

Desire

O
My
Soul,
Desire
Nothing
In
This
World
But
The
Total
Submission
To
The
Will
Of
God
In
All
Circumstances.

My Shield

O
My
Soul,
In
Suffering
Seek
The
Shield
Of
God's
Mercy:
JESUS, MERCY!

Sanctification

O
My
Soul,
Suffering
Is
The
Source
Of
Your
Soul's
Sanctification.

The Only Way

O
My
Soul,
The
Only
Way
To
Heaven
Is
The
Way
Of
The
Cross.

Love's Shadow

O
My
Soul,
Love's
Shadow
Is
Sorrow.

Sing! Sing! Sing!

O
My
Soul,
Sing!
Sing!
Sing!
Your
Song
Of
Pain
And
He
Will
Sing
It
With
You.

Singing Silence

O
My
Soul,
When
You
Sing
The
Song
Of
Pain
In
Silence,
He
Sings
With
You.

Trust

O
My
Soul,
Be
Not
Discouraged
Or
Anxious
But
Trust!
Trust!
Trust!
In
The
God
Of
Mercy:
Jesus Christ!

The Truth of YES

O
My
Soul,
All
Truth
Is
Contained
In
Saying
YES
To
The
Will
Of
God.
YES! YES! YES!

Resplendent Light

O
My
Soul,
Live
Now
In
The
Resplendent
Light
Of
His
Countenance
Alone.

Conversation

O
My
Soul,
No
Longer
Are
You
To
Converse
With
Creatures.
Converse
Now
With
God
Alone.

Abandonment

O
My
Soul,
Be
Fully
Abandoned
To
The
Will
Of
God
In
All
Circumstances.

Crucible

O
My
Soul,
Each
Is
Called
To
Burn
In
The
Crucible
Of
Suffering—
Each
In
His
Own
Way.

Love Crystallized

O
My
Soul,
Through
Suffering
The
Soul
Becomes
Like
Christ:
In
Suffering
Love
Becomes
Crystallized.

Imprinted

O
My
Soul,
Christ,
Stretched
On
The
Wood
Of
The
Cross,
Is
Imprinted
On
You—
A
Flame
Of
Living
Love.

Detour

O
My
Soul,
This
Life
Is
But
A
Brief
Detour
("Suffering Ahead!")
On
The
Path
That
Leads
To
The
Abyss
Of
Eternity.

One School Alone

O
My
Soul,
There
Is
Only
One
School
A
Soul
Needs
To
Go
To—
It
Is
The
School
Of
Suffering.
In
That
School
A
Soul
Will
Learn
Everything
It
Needs
To
Know
In
This
Life.

Of God and Eternity

O
My
Soul,
The
School
Of
Suffering
Will
Teach
A
Soul
All
It
Needs
To
Know
Of
God
And
Eternity.

O
My
Soul,
Ponder
These
Points
Of
Light:

The school: The School of Suffering
The Major: God and Eternity
The Textbook: The Will of God
The Diploma: Union with God

Radiant Splendor

O
My
Soul,
Everything
On
This
Earth
Is
But
A
Disappearing
Shadow
Of
His
Eternal
Radiating
Splendor.

Emptiness

O
My
Soul,
Become
Empty
And
You
Will
Become
Full:
There
Is
No
Other
Way
To
God.

Inner Jewel

O
My
Soul,
The
Inner
Jewel
Of
A
Soul
Is
The
Will
Of
God.

Pale Shadows

O
My
Soul,
All
On
This
Earth
Is
But
Pale
Shadows
Of
The
Reality
Of
His
Incomprehensible
Beauty.

Shadows

O
My
Soul,
Christ
Illuminates
The
Shadows
Of
Your
Pain.

Fears

O
My
Soul,
Christ
Is
The
Light
In
The
Darkness
Of
Your
Fears.

Divine Beauty

O
My
Soul,
The
Suffering
Of
Christ
Reveals
His
Divine
Beauty.

Endure

O
My
Soul,
Unite
Your
Sufferings
To
The
Passion
Of
Christ—
Then
You
Will
Be
Able
To
Endure
All
Trials
And
Tribulations.

Mysterious Wisdom

O
My
Soul,
It
Is
Through
The
Mystery
Of
Suffering
That
One
Learns
The
Wisdom
Of
The
Cross.

The Anchor

O
My
Soul,
When
The
Violent
Storms
Of
Fears
Drown
All
Hope,
Cast
The
Anchor
Of
His
Will
Into
The
Raging
Waters
And
Trust
In
His
Unfathomable
Mercy.

Flames of Light

O
My
Soul,
The
Gaze
Of
Christ
Transforms
The
Soul
Into
Flames
Of
Living
Light.

Wilderness of Tears

O
My
Soul,
In
This
Wilderness
Of
Tears,
Cling
To
The
Cross
Of
Christ
Alone—
Abandonment
Sublime.

Melody of Pain

O
My
Soul,
Christ
Hears
Your
Melody
Of
Pain—
Transforming
It
Into
A
Symphony
Of
Merciful
Love.

Paradoxes

O
My
Soul,
It
Is
In
The
Darkness
That
His
light
shines
brightest—
and
when
the
soul
shrieks
in
pain,
that
his
sweetest
melodies
of
love
resound
throughout
the
universe.

Suffering and Eternity

O
My
Soul,
The
Days
Of
Suffering
Will
Pass—
And
Then—
Eternity
Forever.

Roadways

O
My
Soul,
As
You
Journey
On
The
Roadways
Of
Life,
Put
All
Your
Trust
In
The
Providence
Of
God.

Fear Not

O
My
Soul,
Fear
Nothing--
Christ
Is
Always
With
You.

Light and Strength

O
My
Soul,
Let
The
Passion
Of
Christ
Be
Your
Light
And
Strength
In
All
Adversities.

My Soul's Food

O
My
Soul,
Let
The
Will
Of
God
Be
The
Food
That
Nourishes
You.

Sanctification

O
My
Soul,
Suffering
Is
Your
Soul's
Sanctification—
It
Is
To
Be
Cherished
As
A
Special
Gift.

The Sign

O
My
Soul,
Suffering
Is
The
Sign
That
Christ
Is
With
You—
ONE
With
You.

Inner Peace

O
My
Soul,
Inner
Peace
Is
To
Burn
With
The
Flame
Of
His
Will.

Crucible as Womb

O
My
Soul,
The
Crucible
Of
Suffering
Is
The
Womb
Of
Saints.

Hidden Beehive

O
My
Soul,
Be
A
Hidden
Beehive
Of
Prayer
For
The
World's
Suffering.

Silent Shriek

O
My
Soul,
The
Silent
Shriek
Is
The
Loudest
Prayer
In
The
Ear
Of
God.

To Infinity

O
My
Soul,
Only
Love
Stretches
The
Soul
To
Infinity.

Bitterness made Sweet

O
My
Soul,
Abandonment
To
The
Will
Of
God
Makes
The
Bitterness
Sweet.

Peace in the storm

O
My
Soul,
Let
Abandonment
And
Trust
Be
Your
Peace
In
The
Storm.

God's Presence

O
My
Soul,
The
Presence
Of
God
Envelopes
You—
You
Are
Never
Alone.

Ceaseless Prayer

O
My
Soul,
Submission
To
The
Will
Of
God
In
All
Circumstances
Of
Life
Is
Ceaseless
Prayer.

Hidden Fire

O
My
Soul,
Be
A
Hidden
Thurible
Of
Fire
Aflame
With
His
Will
Alone—
In
Trusting
Submission.

Eye of God

O
My
Soul,
The
Eye
Of
God
Looks
Upon
You--
Filling
Your
Soul
With
The
Radiance
Of
His
Light.

God's Gaze

O
My
Soul,
God
Gazes
At
Your
Heart
With
Unfathomable
Love.

Darkest Solitude

O
My
Soul,
In
The
Darkest
Solitude,
Christ
Is
Waiting
For
You.

Shield and Strength

O
My
Soul,
Christ
Is
Your
Shield
And
Strength.

Stripped

O
My
Soul,
When
You
Are
Stripped
Of
Everything,
God
Then
Becomes
Your
All.

Meekness unto Humility

O
My
Soul,
In
All
Adversities,
Pray
For
Meekness
And
Humility.

Interior Silence

O
My
Soul,
Keep
Interior
Silence
Amidst
The
Raging
Storms.

Hide in Depths

O
My
Soul,
Hide
In
The
Depths
Of
His
Mercy.

Relief in Prayer

O
My
Soul,
Hide
In
Suffering
Seek
Relief
In
Prayer.

A Wide-open Heart

O
My
Soul,
Open
Your
Heart
Wide
To
Receive
The
Sufferings
Of
Others.

Equanimity

O
My
Soul,
Always
Strive
For
Equanimity
In
The
Storms
That
Beset
You.

Peace of Soul

O
My
Soul,
Nothing
Compares
With
Peace
Of
Soul.

Inner Disposition

O
My
Soul,
Accept
Everything
With
A
Humble
Inner
Disposition.

Fully Resigned

O
My
Soul,
Be
Fully
Resigned
To
The
Will
Of
God
In
All
Circumstances.

To Desire

O
My
Soul,
Desire
Nothing
But
The
Fulfillment
Of
God's
Holy
Will.

Striving

O
My
Soul,
Strive
For
One
Thing
Only:
To
Do
The
Will
Of
God
In
All
Things.

Entrustment

O
My
Soul,
Entrust
Yourself
Completely
To
The
Infinite
Mercy
Of
God
Alone.

Divine Glance

O
My
Soul,
Live
Each
Moment
Knowing
That
You
Are
Always
Held
In
The
Radiance
Of
His
Divine
Glance.

Christ's Gaze

O
My
Soul,
Christ's
Gaze
From
The
Cross
Is
The
Radiance
Of
His
Love
And
Mercy.

Song

O
My
Soul,
As
The
Darkness
Descends
And
The
Veils
Begin
To
Fall,
Sing
Only
One
Song:
The
Song
Of
The
Will
Of
God.

Beam of Light

O
My
Soul,
Look
Up
And
See
Christ's
Beam
Of
Light
Filling
You
From
Above.

Transformation into Light

O
My
Soul,
You
Are being
Transformed
Into
The
Radiant
Beauty
Of
Christ's
Light.

Fragrance of Suffering

O
My
Soul,
May
The
Fragrance
Of
My
Suffering
Be
Known
To
God
Alone.

Beauty

O
My
Soul,
There
Is
No
Beauty
Outside
Of
God.

Eyes of Christ

O
My
Soul,
Look
All
Around
You
And
See
The
Eyes
Of
Christ
Everywhere
Looking
At
You
At
Every
Moment.
Do
You
Look
Back
At
him
In
Wonder
And
Love?

Eternal Light

O
My
Soul,
Let
The
Splendor
Of
His
Eternal
Light
Strengthen
You
In
All
Afflicitions.

Depths Of Solitude

O
My
Soul,
Find
God
In
The
Deepest
Depths
Of
Your
Solitude.

Infinite Depths

O
My
Soul,
Live
Now—
In
These
Final
Moments—
In
The
Infinite
Depths
Of
God
Alone.

Yearning

O
My
Soul,
Yearn
To
Gaze
On
Face
Of
God
With
Every
Breath.

On Tip-Toe

O
My
Soul,
Live
With
Only
The
Tip
Of
Your
Little
Toe
Touching
The
Earth—
Ready
For
Flight
Into
Eternity
NOW.

Rest Sweetly

O
My
Soul,
With
Immense
Tenderness
Rest
Within
His
Divine
Heart.

Earth

O
My
Soul,
Earth
Is
Always
A
Place
Of
Labor,
Of
Vicissitudes,
Or
Sorrow—
Sigh
To
Be
Freed
From
The
Anxieties
Of
This
Life.

Beatitude

O
My
Soul,
Beatitude
On
This
Earth
Is
To
Love
God
In
The
Little
Heaven
Of
Your
Heart—
That
Is
Where
Your
Divine
Friend
Lives.

The Repose

O
My
Soul,
Only
Within
The
Heart
Of
God
Can
found
the
Purity,
Love,
And
Peace
For
Which
You
Search—
Repose
There
In
Him.

No Sorrow

O
My
Soul,
Sorrow
Does
Not
Live
In
A
Soul
That
Loves
The
Will
Of
God.

Sorrow's Shadow

O
My
Soul,
Every
Earthly
Joy
Comes
With
A
Shadow
Of
Sorrow.

In The Depths

O
My
Soul,
Christ
Lives
In
The
Depths
Of
Your
Soul
In
Light.

Strength

O
My
Soul,
Know
That
You
Are
Not
Alone—
God
Is
Your
Strength.

Fountain of Joy

O
My
Soul,
Know
That
There
Is
A
Fountain
Of
Joy
In
Your
Soul—
And
It
Is
God.

The Mystery of Love

O
My
Soul,
Love
Is
A
Mystery
That
Transforms
Everything
It
Touches
Into
Transcendent
Beauty.

In The Desert

O
My
Soul,
In
This
Desert
Of
A
Wilderness,
Man
Is
But
A
Poor
Beggar.

Penetration

O
My
Soul,
God
Penetrates
The
Soul--
Through
And
Through--
Like
The
Rays
Of
Sun
Shining
Through
A
Pure
Crystal.

Silence

O
My
Soul,
Silence
Is
God's
Language.

Exclusivity

O
My
Soul,
Live
Exclusively
By
The
Will
Of
God.

Greatest Sacrifice

O
My
Soul,
The
Greatest
Sacrifice
A
Soul
Can
Make
Is
To
Give
Up
Its
Own
Will—
Surrendering
All
To
God.

The Beam

O
My
Soul,
In
All
Afflictions
Look
Upwards
And
Be
Made
Radiant
By
The
Beam
Of
Christ.

A Sea

O
My
Soul,
In
The
Passion
Of
Christ
Is
A
Sea
Of
Mercy.
Trust in the will of God.

Flower and Fruit

O
My
Soul,
God's
Love
Is
The
Flower;
Mercy
The
Fruit.

Mystery

O
My
Soul,
The
Mercy
Of
God
Is
A
Mystery—
The
Soul
Must
Trust.

Universe Encompassed

O
My
Soul,
Christ's
Mercy
Encompasses
The
Entire
Universe.

Accompaniment

O
My
Soul,
Christ's
Mercy
Accompanies
The
Soul
Throughout
Its
Entire
Life
On
Earth.

Death's Hour

O
My
Soul,
Christ's
Mercy
Embraces
The
Soul
At
The
Hour
Of
Death:
Do Not Be Afraid.

Death's Hour

O
My
Soul,
Christ's
Mercy
Lifts
The
Soul
Out
Of
Every
Misery—
TRUST!

Death's Hour

O
My
Soul,
Christ's
Mercy
Embraces
All
Creation.

Anguish Sweetened

O
My
Soul,
Christ's
Mercy
Is
The
Sweet
Relief
For
Anguished
Hearts.

Despair and Hope

O
My
Soul,
Christ's
Mercy
Is
The
Only
Hope
Of
Despairing
Souls.

Amidst Fears

O
My
Soul,
Christ's
Mercy
Is
The
Only
Peace
Amidst
Fears.

Hope Against Hope

O
My
Soul,
Christ's
Mercy
Inspires
The
Soul
With
Hope
Against
All
Hope.

Universal Hymn

O
My
Soul,
There
Is
One
Hymn
That
Resounds
Throughout
The
Entire
universe:
The
hymn
Of
God's
Unfathomable
Mercy.

Nourishment of Soul

O
My
Soul,
The
Will
Of
God
Is
Your
Nourishment
And
Only
Delight.

The Flood of Peace

O
My
Soul,
Submit
In
All
Circumstances
To
The
Holy
Will
Of
God
And
Deep
Peace
Will
Flood
Your
Soul.

Storms

O
My
Soul,
If
You
Dwell
In
The
Will
Of
God,
The
Severest
Storms
Will
Not
Disturb
You
Peace.

God Alone

O
My
Soul,
Live
By
The
Will
Of
God
Alone—
Trusting
In
His
Mercy.

Stretched Out on the Cross

O
My
Soul,
You
Are
Now
Stretched
Out
On
The
Wood
Of
The
Cross,
The
Curtain
Is
Closing.
And
The
Veil
Falling:
Embraced
by
The
Mystery
Eternity
And
The
Resplendent
Light
Of
Christ.

Flame of Love

O
My
Soul,
When
Christ's
Flame
Of
Love
Burns
In
Your
Soul,
You
Can
Bear
Any
Sorrow.

Ocean of Light

O
My
Soul,
Love
And
Sorrow
Meet
In
The
Ocean
Of
Light
Flaming
In
Your
Soul.

Strength

O
My
Soul,
Jesus
Is
Your
Strength
In
Suffering.

All Ends

O
My
Soul,
Everything
Comes
To
An
End
In
This
Desert
Of
Life:
Even
Your
Tears.

The Inner Calyx

O
My
Soul,
Christ
Lives
In
Deepest
Silence
In
The
Calyx
Of
Your
Soul.

The Only Endless

O
My
Soul,
All
Ends:
Hopes,
Pain,
Fears,
Dreams—
Only
God
is
Endless-ness.

Fleeting-ness

O
My
Soul,
All
Earthly
Things
Are
Fleeting
And
Disappear
Like
Smoke:
Tip-Toe!

Storms

O
My
Soul,
When
Storms
Crash
Against
The
Shores
Of
Your
Soul,
Sustain
Your
Peace
By
Knowing
That
Nothing
Happens
Without
The
Will
Of
God.

Finding God

O
My
Soul,
Embrace
The
Cross
And
You
Will
Find
God.

Dew-Drop

O
My
Soul,
Be
As
A
Dew-drop
In
A
Flower
Blossom—
Hidden
From
The
Frost
Of
The
World
With
God.

Trust

O
My
Soul,
In
All
Things
Depend
On
God
With
Unswerving
Trust.

Path of Thorns

O
My
Soul,
Even
Though
The
Path
Be
Thorny,
Do
Not
Fear—
I
Am
With
You!

Sweet Bitterness

O
My
Soul,
Press
Your
Lips
Against
The
Chalice
Offered
Tasting
The
Sweet
Bitterness
Of
His
Will.

All His Will

O
My
Soul,
Nothing
That
Happens
Is
Not
The
Will
Of
God.

My prayer

O
My
Soul,
Your
Prayer
Must
Now
Be
Abandonment
To
God's
Will
In
All
Things.

My Soul's Shroud

O
My
Soul,
Your
Shroud
Is
Now
Suffering.

A Ray of Light

O
My
Soul,
In
The
Darkness
And
Shadows—
LOOK!!
A
Little
Ray
Of
Light
Is
Shining:
The
Presence
of
Christ!

In A Teardrop

O
My
Soul,
You
Never
Cry
Alone:
Christ
Always
Cries
With
You—
IN
You—
One
In
A
Teardrop.

Days of Suffering

O
My
Soul,
Know
That
Days
Of
Suffering
Pass
Slowly
But
Then
Comes
Endless
Eternity.

Splendid Palace

O
My
Soul,
There
Is
A
Splendid
Palace
In
Your
Interior
Where
Only
You
And
God
Live:
Alone
With
The
Alone.

The Inner Voice

O
My
Soul,
Listen
To
God's
Voice
Speaking
In
The
Depths
Of
Your
Soul:
No
Book
Is
Needed.

Like Jesus

O
My
Soul,
You
Become
Like
Jesus
Only
By
Suffering
And
Humility:
There
Is
No
Other
Way.

A Humble Soul

O
My
Soul,
Only
A
Humble
Soul
Truly
Knows
God.

Humility

O
My
Soul,
Humility
Is
Knowing
One's
Nothingness
And
God's
All-ness.

All is Fire

O
My
Soul,
I
Am
Penetrated
With his
Divinity—
Now
All
Is
Fire,
All
Is
Flames.

Fulfillment of Will

O
My
Soul,
Everything
Fulfills
God's
Will
For
You—
YES!!
EVERYTHING!

Compassion

O
My
Soul,
By
His
Wounds
And
Sacred
Passion,
Pray
For his
Compassion.

Never Alone

O
My
Soul,
You
Are
Never
Alone
For
I
Am
With
You
Always
And
Everywhere.

Eloquent Silence

O
My
Soul,
Silence
Speaks
Truth
Eloquently.

Strength

O
My
Soul,
In
Loneliness,
In
Darkness,
In
Sufferings,
My
Mysterious
Power
Will
Strengthen
You.

To the Last Drop

O
My
Soul,
Drink
Now
The
Cup
To
The
Last,
Bitter
Drop
And
Taste
Its
Sweetness.

On Calvary

O
My
Soul,
Do
Not
Fear—
His
Grace
Will
Sustain
You
Now
That
You
Are
On
Calvary.

Special Grace

O
My
Soul,
Your
Inner
Peace
Is
Christ's
Special
Grace
For
You.

Hidden

O
My
Soul,
Live
Hidden
in
God—
All
Else
Is
Deception.

To Find Truth

O
My
Soul,
To
Find
Truth
Read
The
Book
Of
The
Cross
And
Turn
The
Pages
Of
His
Wounds.

Only Consolation

O
My
Soul,
Christ
Is
The
Only
Consolation
Amidst
This
Ocean
Of
Bitterness.

Compassion

O
My
Soul,
Through
His
Wounds
And
Sacred
Passion,
Lord
And
Savior,
Show us
Your
Compassion.

Desire

O
My
Soul,
Desire
Nothing
But
The
Fulfillment
Of
God's
Will.

Safe Harbor

O
My
Soul,
The
Cross
Is
The
One
Safe
Harbor
In
The
Storms
Of
Life.

Roadways

O
My
Soul,
The
Roadways
Of
Life
Are
Paved
With
His
Will
Alone.

Weakness

O
My
Soul,
When
Weakness
Is
Great,
Christ
Changes
It
Into
Power
For
Me.

Suffices All

O
My
Soul,
Christ
Suffices
For
Everything
Else
In
The
World.

Severe Suffering

O
My
Soul,
When
Suffering
Is
Severe,
Christ
Sustains
Me.

Loneliness

O
My
Soul,
When
Loneliness
Is
Terrible,
Christ
Sweetens
It
For
Me.

Drops in Chalice

O
My
Soul,
There
Are
Only
A
Few
Drops
Left
In
The
Bitter
Chalice—
Then
Eternity.

Secret Depths

O
My
Soul,
In
My
Most
Secret
Depths,
I
Live
According
To
His
Will
Alone.

Rejoice

O
My
Soul,
I
Am
One
Day
Closer
To
Eternity:
Rejoice!

Pierced
~~Rejoice~~

O
My
Soul,
Look
At
The
Cross
And
Be
Pierced
With
Pain...

Gaze

O
My
Soul,
When
In
Torment,
Fix
Your
Gaze
On
Jesus
Crucified.

Into Silence

O
My
Soul,
The
More
I
Am
Drawn
To
God,
The
More
I
Desire
To
Immerse
Myself
In
Silence.

Shuddering

O
My
Soul,
When
I
Suffer,
I
Shudder
And
Fear—
But
Then
Christ
Gives
Me
Strength
To
Endure.

In The Wilderness

O
My
Soul,
In
The
Wilderness
Of
The
Soul,
Live
Alone
With
God.

An Act of Enfoldment
By Joyce Surman

When
The
Storms
Of
Life
Threaten
To
Topple
Your
Little
Boat,
Gently
Enfold
Your
Soul
In
The
Will
Of
God
Sailing
On
In
Quiet
And
Trust.

Convergence

O
My
Soul,
Everything
Converges
In
The
Fires
Of
Christ's
Living
Flames.

A Ray of Light

O
My
Soul,
Eternal
Truth
Shines
A
Ray
Of
Light
Within
You,
Through
You,
Around
You—
All
Becomes
His
Radiant
Light.

Entrustment

O
My
Soul,
Entrust
Yourself
To
God
Alone—
He
Will
Never
Desert
You.

Interior Fire

O
My
Soul,
God's
Love
Is
An
Interior
Fire.

O
My
Soul,
Jesus
Is
Your
Strength
And
Only
Hope.

Thank God

O
My
Soul,
Thank
God
For
Every
Sorrow
And
Suffering.

Interior Silence

O
My
Soul,
Strive
For
Interior
Silence.

The Thurible

O
My
Soul,
Be
A
Thurible
Filled
With
Hidden
Fire
Letting
The
Smoke
Rise
In
Perpetual
Prayer
To
God.

Practice Dying

O
My
Soul,
Every
Day
Practice
Dying:
Total
Detachment
From
All
Things;
Attachment
To
God
Alone.

Total Submission

O
My
Soul,
Live
In
Total
Submission
To
The
Will
Of
God
Alone.

The Chalice

O
My
Soul,
It
Matters
Not
What
The
Chalice
Contains—
Be
It
Ever
So
Bitter—
As
Long
As
It
Is
Offered
Me
By
The
Loving
Hand
Of
God.

The Eye of God

O
My
Soul,
The
Eye
Of
God
Gazes
Into
My
Soul
And
Its
Penetration
Makes
Me
Tremble.

Two Paths

O
My
Soul,
Two
Paths
Are
Given
You
To
Walk:
The
Path
of
Joy
Or
The
Path
Of
Pain:
It
Matters
Not
Which
One
You
Choose
To
Walk—
Christ
Walks
With
You
Always.

Presence of God

O
My
Soul,
The
Presence
Of
God
Is
Always
Within
You,
With
You—
You
Are
Never
Alone.

Piercing Pain

O
My
Soul,
The
Sufferings
Of
The
World
Pierce
My
Soul
To
Its
Deeps
And
My
Tears
Become
Prayers..

Desire Nothing

O
My
Soul,
Desire
Nothing
And
You
Will
Possess
Everything.

Power of the Cross

O
My
Soul,
The
Power
Of
The
Cross
Transforms
The
terror
And
Fear
Of
Death
Into
Love
And
Courage.

Fire of Love

O
My
Soul,
The
Fire
Of
God's
Love
Burns
In
The
Deeps
Of
My
Soul.

Word of God

O
My
Soul,
the
word
of
God
alone
gives
the
soul
strength
to
go
on.

Patient Endurance

O
My
Soul,
the
Patient
Endurance
Of
The
Cross
Is
His
Gift
To
You.

Depths of Peace

O
My
Soul,
Nothing
Troubles
My
Depths
Because
God
Dwells
There.

Special Gaze

O
My
Soul,
You
Are
Held
Secure
Under
His
Special
Gaze.

God's Hand

O
My
Soul,
Accept
Everything
From
The
Hand
Of
God.

In Storms

O
My
Soul,
Though
The
Storm
Rages
Around
You,
Do
Not
Fear
Anything—
He
Is
There.

Sing a Song

O
My
Soul,
Amidst
The
Storms
Of
Life
Sing
A
Song
To
God's
Mercy
And
Love.

Flight To God

O
My
Soul,
No
Power
Can
Stop
Your
Soul
In
Its
Flight
To
God.

Mystery

O
My
Soul,
God
Is
A
Mystery
Filled
With
Treasures.

Jesus There

O
My
Soul,
Look
At
Each
Person
You
See
And
Discover
Jesus
There.

Avoid Disappointment

O
My
Soul,
Expect
Nothing
From
Creatures
And
Therefore
Never
Be
Disappointed—
God
Is
Everything.

Peace

O
My
Soul,
The
Spirit
Of
God
Is
Peace.

Sing!

O
My
Soul,
Amid
The
Storms
Of
Life
Sing
Loudly
With
Joy!

Silent Suffering

O
My
Soul,
Suffer
In
Silence
As
He
Did.

Bolts of Pain

O
My
Soul,
Though
Bolts
Of
Pain
Strike
All
Around
Me,
His
Presence
In
My
Soul
Strengthens
Me—
I
Sing
Unafraid
And
Walk
On
Strong.

Omnipotence

O
My
Soul,
I
Do
Not
Fear
God's
Plans
For
Me—
His
Omnipotence
Will
Always
Uphold
Me.

Encirclement of Light

O
My
Soul,
Encircled
By
His
Light
All
Darkness
Flees.

The Kiss

O
My
Soul,
Kiss
The
Cross:
Kiss
The
Suffering
And
Sorrow.

Quite Alone

O
My
Soul,
I
Am
Quite
Alone—
But
I
Sense
The
Presence
Of
God
In
My
Soul
So
I
Am
Not
Alone.

Burning Fire

O
My
Soul,
Christ
Is
The
Fire
Burning
In
The
Center
of
Your
Soul.

Interior Flame

O
My
Soul,
Dwell
Always
In
The
Interior
Flame
Shining
Radiantly
In
Your
Soul:
Christ!

Touched

O
My
Soul,
I
Am
Touched
By
Christ
And
Now
Totally
Absorbed
In
Him—
My
Self
Is
No
More.

One in Essence

O
My
Soul,
I
Am
Steeped
In
Christ—
In
His
Essence
Of
One
In
Three.

Shadows of Reality

O
My
Soul,
This
Life
Is
All
Darkness,
Mists
And
Mere
Shadows
Of
Reality
Compared
To
Eternity
With
God.

Drowning In Christ

O
My
Soul,
I
Drown
In
God's
Beauty—
I
Dissolve
Into
Him
As
A
Liquid
Crystal.

Permeated

O
My
Soul,
I
Am
Now
Permeated
Through
And
Through---
To
My
Very
Depths--
By
God.

Casting

O
My
Soul,
Cast
Into
The
Flame
In
Your
Soul
All
Sufferings
And
Sorrows:
That
Is
Peace!

Into His Divinity

O
My
Soul,
Christ
Calls
You
Now
Into
The
Intimate
Depths
Of
His
Being—
Into
The
Stillness
of
His
Divinity.

In Christ

O
My
Soul,
Repeat
Often
"Christ
Is in
You
And
You
Are
In
Christ":
No
Storm
Then
Will
Assail
Your
Peace
Of
Soul.

Infinite Longing

O
My
Soul,
Infinite
Longing
For
Christ
Possesses
My
Soul.

Fragrance of Suffering

O
My
Soul,
May
The
Fragrance
Of
My
Suffering
Be
Known
To
God
Alone.

Image of God

O
My
Soul,
See
The
Image
Of
God
In
Every
Person
That
You
Meet.

Will of God

O
My
Soul,
Do
The
Will
Of
God
Faithfully
At
Every
Moment
Of
Life—
And
Live
By
His
Will.

Interior Silence

O
My
Soul,
Observe
Silence—
Especially
Interior
Silence.

Comfort of Prayer

O
My
Soul,
There
Are
Times
In
Life
When
The
Soul
Finds
Comfort
Only
In
Profound
Prayer.

Overwhelming
Fear

O
My
Soul,
Fear
Of
Life
Overwhelms
Me—
But
Christ's
Presence
Gives
Me
Peace.

Accompany Me!

O
My
Soul,
In
His
Name,
I
Will
Accomplish
Everything
And
Overcome
Everything.
God,
Infinite
Goodness,
Accompany
Me
Always
And
In
All
Things.

Fear and Trembling

O
My
Soul,
Sometimes
My
Soul
Is
Filled
With
Fear
And
Trembling,
But
Then
I
Go
Boldly
And
Courageously
Into
The
Battles
Before
Me.

Enough!

O
My
Soul,
I
Will
Suffer
Until
God
Says
"It
Is
Enough!"

Commander

O
My
Soul,
Christ
Is
The
Commander
Of
Your
Soul.

Presence of God

O
My
Soul,
Make
The
Presence
Of
God
The
Basis
Of
All
Your
Thoughts,
Words,
And
Deeds.

The Tabernacle Within

O
My
Soul,
In
Suffering,
Take
Refuge
In
The
Tabernacle
Within
Your
Soul
And
Be
Silent.

God Within

O
My
Soul,
Do
Not
Look
For
God
In
Far
Away
Places—
Look
For
Him
Within
Your
Own
Being
And
Abide
With
Him
Alone.

Name of Jesus: 1

O
My
Soul,
Oh,
How
Great
Is
Your
Name,
O
Lord!
It
Is
The
Strength
Of
My
Soul.

Name of Jesus: 2

O
My
Soul,
When
My
Strength
Fails,
And
Darkness
Invades
My
Soul,
Your
Name
Is
The
Sun
Whose
Rays
Give
Light
And
Also
Warmth.

O
My
Soul,
Under
The
Influence
Of
The
Name
Of
Jesus,
My
Soul
Becomes
More
Beautiful
And
Radiant,
Taking
Its
Splendor
From
His
Name
Alone.

O
My
Soul,
When
I
Hear
The
Name
Of
Jesus,
My
Soul
Strains
Toward
Him—
Upward
Beating.

A Dreadful Wilderness

O
My
Soul,
What
A
Dreadful
Wilderness
This
Life
Is
For
Me:
There
Is
Nothing
That
Nourishes
My
Heart
Or
Soul:
I
Long
For
God
Alone.

My Soul's Repose

O
My
Soul,
Let
My
Soul
Repose
In
God's
Unfathomable
Sea
Of
Love.

Never Alone

O
My
Soul,
Know
That
You
Are
Never
Alone:
God
Is
My
Strength.

God Always

O
My
Soul,
Through
Her
Will,
She
Is
Always
With
God.

God's Absence

O
My
Soul,
When
It
Happens
That
The
Living
Presence
Of
God
Leaves
Her,
She
Then
Tries
To
Continue
Living
In
Lively
Faith.
There
Are
Periods
Of
Rest
And
Periods
Of
Battle.

The Mystery of Love

O
My
Soul,
Love
Is
A
Mystery
That
Transforms
Everything
It
Touches
Into
Things
Beautiful
And
Pleasing
To
God.

A Soul's Greatness

O
My
Soul,
A
Soul's
Greatness
Consists,
Not
In
Great
Deeds,
But
In
Great
Love.

God's Language

O
My
Soul,
Silence
Is
God's
Language,
Though
Secret,
Yet
Living
And
Powerful.

Silence

O
My
Soul,
Silence
Is
So
Powerful
A
Language
That
It
Reaches
The
Throne
Of
God.

Everything is God

O
My
Soul,
O
My
God,
I
See
That
Everything
That
Surrounds
Me
Is
Filled
With
God,
And
Most
Of
All
My
Own
Soul,
Which
Is
Adorned
With
The
Grace
Of
God.

Fountain of Happiness

O
My
Soul
,I
Have
Discovered
A
Fountain
Of
Happiness
In
My
Soul,
And
It
Is
God.

Happiness Found

O
My
Soul,
I
Do
Not
Look
For
Happiness
Outside
The
Depths
Of
My
Soul
In
Which
God
Dwells;
Of
This
I
Am
Aware.

A Silent Soul

O
My
Soul,
my
silent
soul
lives
on
him,
and
this
conscious
life
of
God
in
My
Soul
Is
For
Me
A
Source
Of
Happiness
And
Strength.

Peaceful Awareness

O
My
Soul,
My
Life
Flows
In
Peaceful
Awareness
Of
God.

Eyes Fixed on the Sun

O
My
Soul,
Although
The
Desert
Is
Fearful,
I
Walk
With
Lifted
Head
And
Eyes
Fixed
In
The
Sun,
That
Is
To
Say,
On
The
Merciful
Heart
Of
Jesus.

Food for the Soul

O
My
Soul,
I
Keep
Going
Forward
Bravely—
Though
My
Feet
Become
Wounded—
To
My
Homelamd
And,
On
The
Way,
I
Nourish
Myself
On
The
Will
Of
God.
It
Is
My
Food.

O
My
Soul,
Sorrow
Will
Not
Establish
Itself
In
A
Heart
That
Loves
The
Will
Of
God.

A Great Chasm

O
My
Soul,
Although
We
Are
Separated
By
A
Great
Chasm,
For
You
Are
The
Creator
And
I
Am
The
Creature,
Nevertheless,
Love
Alone
Explains
Our
Union.

A Poor Beggar

O
My
Soul,
I
Am
But
A
Poor
Beggar
Who
Has
Nothing
But
Misery.

A Terrible Wilderness

O
My
Soul,
Jesus
Give
Me
The
Strength
And
Wisdom
To
Get
Through
This
Terrible
Wilderness
Of
Life
With
Your
Patient
Endurance.

The World of the Spirit

O
My
Soul,
How
Beautiful
Is
The
World
Of
The
Spirit!
And
So
Real
That,
By
Comparison,
The
Exterior
Life
Is
Just
A
Vain
Illusion
And
Powerlessness.

A Penetrated Soul

O
My
Soul,
Christ
Penetrates
My
Soul
Just
As
A
Ray
From
The
Sun
Penetrates
Clear
Glass.

God in Me

O
My
Soul,
My
Spirit
Is
With
God,
And
My
Interior
Being
Is
Filled
With
God,
So
I
Do
Not
Look
For
Him
Outside
Myself.

Sorrow's Shadow

O
My
Soul,
Despite
All
These
Joys,
There
Is
Always
A
Shadow
Of
Sorrow:
Love
And
Sorrow
Go
Hand
In
Hand.

Joy's Shadow

O
My
Soul,
Every
Joy
Comes
With
Its
Shadow
Of
Sorrow.

Source of Joy

O
My
Soul,
The
Suffering
And
Pain
Of
Your
Life
Are
The
Source
Of
Your
Sanctification
And
Joy.

Interior Fountain

O
My
Soul,
There
Is
A
Fountain
Of
Light
In
Your
Depths—
It
Is
Christ!

God's Loving Gaze

O
My
Soul,
Everything
In
This
Barren
Desert
Of
Life
Is
Held
In
The
Loving
Gaze
Of
God.

No Terrors

O
My
Soul,
Unite
Yourself
With
Me
On
The
Cross
And
Let
Nothing
Terrify
You:
I
Am
With
You
Always.

This Terrible Desert

O
My
Soul,
In
This
Terrible
Desert
Of
Life,
I
Feel
All
Alone—
But
The
Will
Of
God
Is
My
Delight,
The
Food
Of
My
Soul.

Wondrous Beauty

O
My
Soul,
Christ
Is
Wondrous
Beauty—
His
Grace
Floods
My
Heart
With
Joy.

Sword of Suffering

O
My
Soul,
May
The
Sword
Of
Suffering
Never
Break
Me—
Pour
Courage
Into
My
Heart.

Pierced by Fear

O
My
Soul,
When
Fear
Pierces
My
Soul,
Trust
In
His
Presence
And
In
His
Peace.

Transformation into Christ

O
My
Soul,
Be
Transformed
Into
Christ,
Trusting
In
His
Mercy
and
Love.

Keep Fighting

O
My
Soul,
Gaze
Upon
Him
Stretched
Out
Upon
The
Cross,
And
From
The
E3xploding
Flames,
Let
Flow
Down
Upon
You
Strength
To
Keep
Fighting.

Finding God

O
My
Soul,
Remain
Unceasingly
With
God
In
The
Depths
Of
Your
Heart—
Find
Him
There.

Transpierced

O
My
Soul,
Be
Now
Transpierced
By
His
Flaming
Light.

Vain Illusions

O
My
Soul,
Everything
Outside
Of
The
Soul
Is
But
Vain
Illusions.

Screeching Silence

O
My
Soul,
The
Language
Of
God
Is
A
Screeching
Silence.

Screaming into Prayer

O
My
Soul,
Sometimes
A
Screaming
Prayer
Is
The
Only
Prayer
A
Soul
Can
Pray:
A
Scream
That
Shoots
An
Arrow
Into
The
Heart
Of
God.

Screaming into Silence

O
My
Soul,
a
Soul
Sometimes
Can
Only
Scream
Into
The
Silence—
A
Prayer
That
His
Ears
Alone
Can
Translate
Into
Love.

The Loudest Prayer

O
My
Soul,
A
Silent,
Solitary
Screech
Is
The
Loudest
Prayer
In
The
Ear
Of
God.

Wounded Feet

O
My
Soul,
Go
Forth
Bravely—
Even
With
Wounded
Feet.

Ray of Joy

O
My
Soul,
The
Ray
Of
Christ's
Light
Pierces
My
Soul
With
Joy.

Soul in Gethsemane

O
My
Soul,
You
Are
Now
In
The
Shadows
Of
Gethsemane—
All
Alone
In
The
Bitterness
Of
Pain—
Ascend
Now
To
Jesus—
Drinking
The
Bitterness—
But
Not
Sad.
Your
Will
Done!

Eternal Beauty

O
My
Soul,
The
Soul
Touches
Beauty
Only
In
Eternity.

Rays of Light

O
My
Soul,
His
Rays
Of
Light
Spread
Wide
Over
The
Whole
Earth—
Penetrating
All
Things.

A Silent Shield

O
My
Soul,
Strive
For
Silence
In
Your
Heart
Amidst
The
Greatest
Sufferings
And
Clothe
Yourself
With
The
Shield
Of
His
Name.

Acceptance of All

O
My
Soul,
Accept
In
Advance
Whatever
May
Happen
To
You
In
This
Life.

Sun in The Storms

O
My
Soul,
Amid
Terrible
Torments,
Fix
Your
Eyes
On
God—
And
Though
The
Storm
Gathers,
Know
That
The
Sun
Of Christ
Is
Never
Extinguished.

Food Of Love

O
My
Soul,
Desire
To
Be
Fed
Only
One
Food:
The
Food
Of
His
Love.

God's Gaze

O
My
Soul,
God's
Gaze
Pierces
Into
The
Depths
Of
Your
Heart.

Fusion of Souls

O
My
Soul,
All
Hearts
Are
Fused
Into
A
Oneness
With
Christ.

Love Never Ends

O
My
Soul,
All things
On
This
Earth
Come
To
An
End:
But
The
Love
Of
Christ
Never
Ends—
It
Only
Becomes
More
And
More,
Endlessly
Increasing.

Jesus With Me

O
My
Soul,
I
Do not
Fear
Abandonment
By
All
Creatures:
For
I
Am
Never
Alone—
Jesus
Is
Always
With
Me.

Inner Silence

O
My
Soul,
Many
Sufferings
Or
Adversities
Do
Not
Disturb
My
Inner
Silence.

My Only Treasure

O
My
Soul,
I sink
Deeply
Into
Jesus
As
My
Only
Treasure.

The Burning Center

O
My
Soul,
God's
Love
Is
The
Burning
Center
In
My
Soul—
There
Is
Oneness
Of
Being.

Dwelling Within

O
My
Soul,
In
The
Silence
In
Your
Soul,
Jesus
Rests.

Interior Light

O
My
Soul,
Christ
Is
The
Interior
Light
In
The
Depths
Of
Your
Soul:
Seek
Him
There.

My Prayer

O
My
Soul,
Prayer
Always:
Do
With
Me
As
You
Will,
My
God.

The Greatest glory

O
My
Soul,
Doing
God's
Will
Is
The
Greatest
Possible
Glory
On
This
Earth.

My Sanctity and Salvation

O
My
Soul,
Repose
In
His
Holy
Will:
It
Is
Your
Sanctity
And
Salvation.

The Hand of God

O
My
Soul,
Whatever
The
Hand
Of
God
Holds
Out
To
Me,
I will accept
With
Total
Submission
And
Boundless
Love.

My Joy

O
My
Soul,
The
Will
Of
The
Omnipotent
God
Is
My
Delight
And
Only
Joy
In
This
Vale
Of
Tears.

My Nourishment

O
My
Soul,
The
Divine
Will
Is
My
Nourishment:
It
Is
My
Daily
Food.

All Ends

O
My
Soul,
All
Comes
To
An
End
In
This
Vale
Of
Tears:
Tears
Dry
Up;
Pain
Ceases—
Only
The
Love
Of
God
Remains.

Dissolution into God

O
My
Soul,
Sometimes
My
Soul
Bursts
Into
Such
A
Powerful
Flame
Of
Love
That
I
Seem
To
Be
Totally
Dissolved
Into
God:
Then
My
Nothingness
Is
Transformed
Into
His
Plenitude.

Snuggling into Peace

O
My
Soul,
Snuggle
Close
To
The
Merciful
Heart
Of
Christ
and
He
Will
Fill
It
With
His
Peace.

A Prayer For Strength

O
My
Soul,
I
Implore
Jesus
To
Support
Me
When
Difficult
And
Stormy
Days
Assail
Me—
Give
Me
Strength
To
Bear
The
Suffering
And
Fatigue—
In
You
Is
All
My
Hope!

Every Heartbeat

O
My
Soul,
May
My
Every
Heartbeat
Be
A
Prayer
Of
Mercy
For
The
Whole
World—
Here
And
In
Eternity.

The Calyx of My Heart

O
My
Soul,
Open
The
Calyx
Of
Your
Heart
To
Him
Like
A
Rosebud
To
The
Freshness
Of
Dew—
Only
God
Knows
The
Fragrance
Of
My
Sufferings.

Tears of Grace

O
My
Soul,
Tears
Give
Some
Relief...
But
Know
That
Illness
Is
Also
A
Grace—
Jesus
Wept
And
Weeps
With
You
Now
Also.

Totally Immersed in Him

O
My
Soul,
Be
Totally
Immersed
In
Him--
In
His
Incomprehensible
Love
And
The
Incomprehensible
Torture
Of
His
Passion.

Submission

O
My
Soul,
Remember
To
Accept
Every
Trial
And
Tribulation
In
Complete
Submission
To
The
Will
Of
God:
There
Is
The
Only
Road
To
Peace—
There
Is
No
Other.

Fear and Love

O
My
Soul,
A
Faint
Fear
Pierces
My
Soul
And
At
The
Same
Time
A
Kind
Of
Flame
Of
Love
Sets
My
Heart
On
Fire.
Love
And
Suffering
Unite
In
My
Soul.

The Fountain

O
My
Soul,
The
Fountain
Of
God's
Love,
Dwells
In
A
Heart
That
Is
Pure—
A
Soul
Bathed
In
A
Sea
Of
Mercy—
Radiant
As
The
Stars—
Bright
As
The
Dawn.

The Chalice

O
My
Soul,
When
A
Soul
Is
Shrouded
In
Suffering,
Unite
Your
Will
To
His,
Pressing
Your
Lips
To
The
Chalice
He
Offers
You.

Abandon

O
My
Soul,
In
All
Things
Abandon
Yourself
To
The
Will
Of
God.

A Tiny Ray of Light

O
My
Soul,
When
Darkness
And
Silence
Fill
My
Soul,
A
Tiny
Ray
Of
Light—
Jesus—
Shines
Blinding
The
Eyes
Of
My
Fears.

Meditation on the Passion

O
My
Soul,
When
A
Soul
Meditates
On
His
Passion,
It
Then
Grows
Wings
To
Soar
To
Eternity
On
The
Flames
Of
Compassion.

Contemplation of Wounds

O
My
Soul,
When
It
Seems
To
You
That
Your
Suffering
Exceeds
Your
Strength,
Contemplate
My
Wounds
And
Your
Soul
Will
Rise
Above
All
Pain.

Eternal Point of View

O
My
Soul,
Look
Upon
Everything
From
The
Point
Of
View
That
Nothing
Happens
Without
The
Will
Of
God.

Misery and Mercy

O
My
Soul,
The
Greater
The
Misery
Of
A
Soul,
The
Greater
Is
Its
Right
To
My
Mercy.

The Path

O
My
Soul,
Your
Path
To
Sanctity
Is
To
Be
Faithful
To
The
Will
Of
God
In
All
Things
And
At
All
Times.

Acts Of Mercy

O
My
Soul,
There
Are
Three
Ways
Of
Performing
An
Act
Of
Mercy:
A
Merciful
Word
(By
Forgiving
And
By
Comforting),
A
Prayer,
And
Deeds
Of
Mercy.

My Soul's Peace

O
My
Soul,
When
My
Soul
Hears
His
Words:
"Do
Not
Fear;
I
Am
With
You,"
Peace
Floods
Me,
And
I
Drown
In
His
Beauty.

Forgiveness

O
My
Soul,
When
We
Forgive
Those
Who
Have
Hurt
Us
The
Most,
We
Resemble
Most
The
Love,
Goodness,
And
Mercy
Of
Christ.

Jesus Crucified-1

O
My
Soul,
When
Pain
Overwhelms
My
Soul,
Jesus
Crucified
You
Are
My
Strength.

Jesus Crucified-2

O
My
Soul,
When
The
Horizon
Darkens
Like
Night,
Jesus
Crucified
You
Are
My
Strength.

Jesus Crucified-3

O
My
Soul,
When
My
Heart
Is
Torn
With
The
Torment
Of
Suffering,
Jesus
Crucified
You
Are
My
Strength.

Jesus Crucified-4

O
My
Soul,
When
Your
Soul
Is
Dimmed
With
Pain,
And
There
Is
No
Respite
From
The
Battle,
Jesus
Crucified
You
Are
My
Strength.

Jesus Crucified-6

O
My
Soul,
As
The
Days
Pass,
And
The
Soul
Bathes
In
A
Sea
Of
Bitterness,
Jesus
Crucified
You
Shine
For
Me
Like
The
Dawn.

Jesus Crucified-7

O
My
Soul,
When
The
Cup
Of
Bitterness
Brims
Over,
Jesus
Crucified
You
Are
My
Defense.

Jesus Crucified-8

O
My
Soul,
When
All
Things
Conspire
Against
You,
Jesus
Crucified,
You
Are
My
Defense.

Jesus Crucified-9

O
My
Soul,
Repay
All
Hurts
With
Love--
Jesus
Crucified,
Transform
My
Weakness
Into
Your
Omnipotence.

Only One Foot

O
My
Soul,
When
A soul
Understands
The
Fleetingness
Of
Things,
It
Then
With
Only
One
Foot
Touches
The
Earth—
Soaring
Above
To
God.

Fleeting

O
My
Soul,
How
Fleeting
All
Earthly
Things
Are,
And
How
Everything
That
Appears
Great
Disappears
Like
Smoke
And
Gives
The
Soul
Weariness.

When?

O
My
Soul,
When
Will
The
Longed
For
Moment
Come?
When
Will
This
Exile
Be
Over?

Greatness of God

O
My
Soul,
Let
The
Greatness
Of
God
Flood
Your
Soul,
Drown
In
Him—
Lose
Yourself
In
His
Fullness.

Happiness

O
My
Soul,
Happiness
Is
To
Have
The
Consciousness
Of
God
In
One's
Heart
And
To
Live
In
Close
Intimacy
With
Him.

Under His Foot

O
My
Soul,
All
Events
Which
Happen
Are
Under
His
Foot—

Depth of Silence

O
My
Soul,
Even
If
The
Whole
World
Were
Crumbling
Around
Me,
Nothing
Would
Disturb
The
Depth
Of
Silence
Which
Is
Within
Me
And
In
Which
God
Rests.

Perpetual Agony

O
My
Soul,
when
perpetual
agony
invades—
God
Is
With
You—
Do
Not
Despair,
But
Trust.

Nothingness

O
My
Soul,
When
All
Seems
Submerged
In
Nothingness
He
Is
There
In
The
Midst
Of
It
All.

Precipices

O
My
Soul,
Only
His
Love
Gives
You
The
Strength
To
Cross
Over
Precipices
And
To
Soar
To
The
Mountain
Peaks.

A Tiny Drop

O
My
Soul,
The
Whole
Universe
Is
But
A
Tiny
Drop
In
Comparison
With
The
Immensity
Of
God.

Not More

O
My
Soul,
God
Will
Not
Give
You
More
Than
You
Can
Bear—
Trust
In
His
Mercy.

Center of Love

O
My
Soul,
Let
Yourself
Be
Drawn
Into
The
Glowing
Center
Of
His
Love
And
Be
United
With
Him
Who
Is
All
Love.

Burden of Suffering

O
My
Soul,
When
Darkness
Descends
On
Your
Soul
And
The
Burden
Of
Suffering
Is
Great,
Know
That
He
Is
Closest
To
You—
You
Are
Not
Alone.

Fear Nothing

O
My
Soul,
Fear
Nothing—
He
Is
Always
With
You—
Even
If
It
Seems
To
You
That
He
Is
Not.

His Will

O
My
Soul,
Everything
In
This
Life
Depends
On
His
Will.

Sea of Mercy

O
My
Soul,
Amidst
Tears
And
Pain,
Throw
Yourself
Into
The
Sea
Of
Christ's
Infinite
Mercy—
Trusting
And
Without
Fear.

Sanctity

O
My
Soul,
Your
Sanctity
And
Perfection
Consist
In
The
Close
Union
Of
Your
Will
With the
Will
Of
God.

Flames of Love

O
My
Soul,
The
Inner
Light
In
Your
Soul
Are
The
Flames
Of
His
Love
Illuminating
The
Darkness.

Truth and Thorns

O
My
Soul,
Truth
Wears
A
Crown
Of
Thorns.

Quintessence of Love

O
My
Soul,
The
Quintessence
Of
Love
Is
Sacrifice
And
Suffering:
Gaze
At
The
Cross
And
Know
This
Truth.

Nothing Disturbs

O
My
Soul,
Even
Though
A
Soul
May
Be
Living
In
Difficult
Circumstances,
Nothing
Can
Disturb
Its
Interior
Life
If
It
Is
Intimately
United
With
Christ.

Only Love

O
My
Soul,
Only
Love
Is
Of
Any
Value
In
The
Wilderness
Of
This
World.

Profound Peace

O
My
Soul,
The
Presence
Of
Christ
Fills
My
Soul
With
Profound
Peace
Which
Nothing
Can
Disturb
And
An
Inner
Strength
To
Do
His
Will.

Infusion

O
My
Soul,
Christ
Infuses
My
Soul
With
Courage.

Even the Smallest Thing

O
My
Soul,
Even
The
Smallest
Thing
Does
Not
Happen
On
Earth
Without
His
Will—
So
God
Can
Deal
With
Me
As
He
Pleases—
And
I
Will
Bless
Him
For
Everything.

Stripping

O
My
Soul,
those
souls
that
god
especially
loves
do not
find
consolations
but
they
find
the
cross—
this
is
love's
stripping
into
nothingness.

Crucified by Love

O
My
Soul,
Those
Souls
That
God
Especially
Loves
Will
Be
Crucified
By
Numerous
Sufferings.

To Secret Depths

O
My
Soul,
The
Name
"Jesus"
Stirs
My
Whole
Being
To
Its
Most
Secret
Depths.

One Word Only

O
My
Soul,
There
Is
At
Times
Only
One
Word
I
Can
Utter:
"Jesus"—
And
Then
My
Soul
Is
Filled
With
Light
And
Deep
Recollection.

Equanimity

O
My
Soul,
When
My
Soul
Is
Filled
With
Christ's
Divinity,
I
Accept
Sweetness
And
Bitterness
With
The
Same
Equanimity.
One
And
The
Other
Will
Pass
Away—all
That
I
Keep
In
My
Soul
Is
The
Love
Of
God.

Divinize Me

O
My
Soul,
My
Jesus,
Divinize
Me
So
That
My
Deeds
May
Have
Eternal
Value—
Grant
That
I
May
Have
Love,
Compassion,
And
Mercy
For
Every
Soul
Without
Exception.

Divinization

O
My
Soul,
My
Jesus,
Penetrate
Me
Through
And
Through
So
That
I
Might
Be
Able
To
Reflect you
In
My
Whole
Life...
Divinize
Me
To
Reflect
You.

Mystery of God

O
My
Soul,
Although
I
Cannot
Penetrate
The
Mystery
Of
God's
Ways,
It
Is
In
My
Power
To
Say:
"Your
Will
Be
Done".

Enveloping Darkness

O
My
Soul,
What
Darkness
Is
Enveloping
Me
And
What
Nothingness
Is
Penetrating
Me.

Hidden Suffering

O
My
Soul,
Only
Jesus
Knows
How
Much
I
Am
Suffering...
I
Resemble
Jesus
Crucified.

Act of Oblation-1

O
My
Soul,
Abandon
Yourself
Totally
And
Completely
To
The
Most
Merciful
And
Holy
Will
Of
God.

Act of Oblation-2

O
My
Soul,
From
Today
Onward,
Your
Will,
Lord,
Is
My
Food.

Act of Oblation-3

O
My
Soul,
My
Lord,
Take
My
Whole
Being
And
Dispose
Of
Me
As
You
Please.

Act of Oblation-4

O
My
Soul,
Whatever
Your
Fatherly
Hand
Gives
Me,
I
Will
Accept
With
Submission,
Peace
And
Joy.

Act of Oblation-5

O
My
Soul,
I
Fear
Nothing—
No
Matter
In
What
Direction
God
Leads
Me—
Helped
By
His
Grace
I
Will
Do
Whatever
He
Commands.

Act of Oblation-6

O
My
Soul,
Lead
Me,
O
God,
Along
Whatever
Roads
You
Please;
I
Have
Placed
All
My
Trust
In
Your
Will
Which
Is,
For
Me,
Love
And
Mercy
Itself.

In The Hollow Of His Hand

O
My
Soul,
From
This
Moment
On,
Live
In
The
Deepest
Peace,
Because
The
Lord
Himself
Is
Carrying
You
In
The
Hollow
Of
His
Hand.

A Silent Screeching

O
My
Soul,
There
Are
Moments
Of
Such
Indescribable
Pain
When
The
Only
Prayer
A
Soul
Can
Utter
Is
A
Silent
Screeching.

Stretched Out Upon The Cross

O
My
Soul,
In
Moments
Of
Being
Stretched
Out
Upon
The
Cross,
Pray
For
The
Grace
Of
Doing
Faithfully
The
Most
Holy
Will
Of
God
In
All
Things
Always
And
Everywhere.

Wounds of Strength
O
My
Soul,
When
The
Will
Of
God
Will
Seem
To
Me
Very
Harsh
And
Difficult
To
Fulfill,
It
Is
Then
I
Beg
You,
Jesus,
May
Power
And
Strength
Flow
Upon
Me
From
Your
Wounds,
And
My
Lips
Keep

Repeating,
"Thy
Will
Be
Done".

To See Christ

O
My
Soul,
In
A
Suffering
Soul,
We
Should
See
Jesus
Crucified.

Seeking God

O
My
Soul,
I
Have
Never
Sought
God
In
Some
Far-off
Place—
Bit
Within
Myself.

To Commune with God

O
My
Soul,
It
Is
In
The
Depths
Of
My
Own
Being
That
I
Commune
With
My
God.

Finding God

O
My
Soul,
Gaze
Into
The
Starlit
Sky,
Into
The
Sapphire
Of
Fathomless
Firmaments,
A
Pure
Heart
Will
Leap
Out
To
Find
You,
O
God—
And
Yearn
To
Be
Freed
Of
The
Bonds
Of
The
Flesh.

Infinite Eternity

O
My
Soul,
My
Longing
Soul,
Wounded
With
Love,
Forces
Its
Way
Through
All
Created
Things,
And
Unites
Itself
With
Infinite
Eternity.

A Humble Soul

O
My
Soul,
The
Floodgates
Of
heaven
Are
Open
To
A
Humble
Soul
And
A
Sea
Of
Graces
Falls
Down
Upon
Her.

Fragrance of a Humble Soul

O
My
Soul,
From
A
Humble
Soul,
As
From
A
Censer,
Rises
A
Varied
And
Most
Pleasing
Fragrance
Which
Breaks
Through
The
Skies
And
Reaches
God
Himself—
Filling
His
Most
Sacred
Heart
With
Joy.

O
My
Soul,
God
Refuses
Nothing
To
A
Humble
Soul,
She
Is
All-powerful
And
Influences
The
Destiny
Of
The
Whole
World.

United With God

O
My
Soul,
A humble
Soul
Is
Most
Deeply
United
With
God.

God Never Abandons

O
My
Soul,
In
Times
Of
Interior
Desolation
I
Do
Not
Lose
My
Peace,
Because
I
Know
That
God
Never
Abandons
A
Soul.

Spiritual Mercy

O
My
Soul,
Prayer
Is
Exercising
Mercy
In
Spirit.

The Light of Hope

O
My
Soul,
Christ
Is
Your
Sure
Shelter,
Your
Only
Refuge—
In
Christ
Is
The
Light
Of
Hope.

The Vessel of Trust

O
My
Soul,
From
The
Open
Wound
Of
His
Sacred
Heart,
From
Which
The
Rays
Of
Mercy
Issued
Forth,
A
Soul
Draws
Life
With
The
Vessel
Of
Trust
Alone.

Faith Profound

O
My
Soul,
From
And
In
His
Throne
Of
Mercy—
Live
In
Faith
Profound.,

Amid Darkness Shadows

O
My
Soul,
Amid
Darkness
And
Shadows,
Amid
The
Roaring
Waves,
I
Sail
Peacefully,
Trustingly,
Gazing
Like
A
Child
Into
The
Distance
Without
Fear—
Because
You,
O
Jesus,
Are
My
Light.

Dread and Terror

O
My
Soul,
Dread
And
Terror
All
About
Me,
But
Within
My
Soul
Is
Peace
More
Profound
Than
The
Depths
Of
The
Sea—
For
Christ
Is
With
Me,
In
Me.

A Fixed Gaze

O
My
Soul,
Though
A
Host
Of
Dangers
Surround
Me,
None
Of
Them
Do
I
Fear—
For
I
Fix
My
Gaze
On
The
Starry
Sky
And
Sail
Bravely
Onwards
To
Infinite
Eternity.

My Helmsman

O
My
Soul,
If
The
Ship
Of
Your
Soul
Sails
So
Peacefully
Along,
This
Is
Due
To
One
Thing
Above
All:
Christ
Is
My
Helmsman.

My Soul's Eyes

O
My
Soul,
Always
Fix
The
Eyes
Of
Your
Soul
On
The
Holy
Will
Of
God.

My Nothingness

O
My
Soul,
From
The
Depths
Of
My
Soul
I
Worship
God,
Though
I
Am
But
Nothingness.

Jesus Stretched Out on the Cross

O
My
Soul,
I
Want
To
Live
And
To
Die
With
My
Eyes
Fixed
On
You,
Jesus,
Stretched
Out
On
The
Cross
As
A
Model
For
My
Actions.

Divine Radiation

O
My
Soul,
Let
His
Image
Be
Reflected
In
Your
Heart
And
His
Divinity
Radiate
Through
You,
Outwards
To
The
Entire
World.

Eternal Dawn's Radiance

O
My
Soul,
I
See
The
Radiance
Of
Eternal
Dawn—
My
Whole
Soul
Bounds
Towards
You—
Nothing
Holds
Me
Back,
Nothing
Any
Longer
Ties
Me
To
This
Earth.

Seeing What Is

O
My
Soul,
In
The
Rays
Of
His
Love,
I
See
Everything
As
It
Really
Is.

Becoming Like Jesus

O
My
Soul,
It
Is
Through
Suffering
That
My
Soul
Becomes
Like
Unto
Jesus—
And
The
Greater
The
Sufferings,
The
More
I
Am
Becoming
Like
Jesus.

Peace amidst Suffering

O
My
Soul,
Sufferings
In
No
Way
Take
Away
My
Peace—
On
The
Other
Hand,
Although
I
Enjoy
Profound
Peace,
That
Peace
Does
Not
Lessen
My
Experience
Of
Suffering.

Tears

O
My
Soul,
Although
My
Face
Is
Often
Bowed
To
The
Ground,
And
My
Tears
Flow
Profusely,
At
The
Same
Time,
My
Soul
Is
Filled
With
Profound
Peace.

Alone With God

O
My
Soul,
Hide
In
His
Heart
As
A
Dewdrop
Does
In
A
Flower
Blossom—
Enclosed
In
This
Blossom
Against
The
Frost
Of
The
World—
In
Solitude
Alone
With
God.

Unwavering Trust

O
My
Soul,
In
All
Things
Depend
On
God
With
Unwavering
Trust.

Hidden Jesus

O
My
Soul,
In
The
Hidden
Jesus
Lies
All
My
Strength.

Life Passes Swiftly

O
My
Soul,
Although
Life,
Like
The
Wind,
Will
Pass
Swiftly
By,
No
Deed
Undertaken
For
God
Will
Perish.

Finding Grace

O
My
Soul,
May
I
Be
Reduced
To
Nothingness
In
My
Own
Eyes
That
I
May
Find
Grace
In
God's.

The Cup of Suffering

O
My
Soul,
I
Thank
God
For
The
Cup
Of
Suffering
From
Which
I
Daily
Drink—
Do
Not
Diminish
Its
Bitterness,
But
Strengthen
My
Lips
That,
While
Drinking
Of
This
Bitterness,
It
May
Know
How
To
Smile.

Complete Surrender

O
My
Soul,
Surrender
Completely
To
God
Who
Is
The
Rudder
Of
Your
Soul.
Steer
It
According
To
Your
Divine
Wishes.

Tears, Tears, Tears

O
My
Soul,
When
You
Are
Stretched
Out
On
The
Wood
Of
The
Cross,
Let
Your
Tears
Flow
Silently
Toward
The
Heart
Of
Him
Who
Alone
Understands
What
Pain
And
Suffering
Is.

Sweet Agony

O
My
Soul,
There
Comes
A
Time
When
The
Soul
Comes
To
Desire
This
Sweet
Agony
Of
His
Suffering
And
Would
Not
Exchange
It
For
The
World's
Treasures.

Flame of Love

O
My
Soul,
Suffering
Is
Transforming
Me
Into
A
Flame
Of
Love
For
You,
My
God.

The Golden Thread

O
My
Soul,
The
Mercy
Of
God,
Runs
Through
Our
Lives
Like
A
Golden
Thread,
Maintaining
In
Good
Order
Our
Contact
With
God.

Bitterness and Pain

O
My
Soul,
In
Terrible
Bitterness
And
Pain,
My
Jesus,
I
Yet
Feel
The
Caress
Of
Your
Divine
Heart.

Wilderness and Terror

O
My
Soul,
In
This
Wilderness
And
Terror
That
Surround
Me,
O
My
Jesus,
My
Heart
Still
Feels
The
Warmth
Of
Your
Gaze.

A Shining Star

O
My
Soul,
Midst
The
Great
Miseries
Of
This
Life,
O
My
Jesus,
You
Shine
Like
A
Star,
Protecting
Me
From
Shipwreck.

Great Miseries

O
My
Soul,
Though
My
Miseries
Be
Great,
I
Have
Great
Trust
In
The
Power
Of
His
Mercy.

Midst the Dangers

O
My
Soul,
Midst
The
Dangers
Which
Surround
Me,
O
My
Jesus,
I
Go
Through
Life
With
A
Cry
Of
Joy—
My
Head
Raised
Proudly.

Against His Heart

O
My
Soul,
Against
Your
Heart,
O
My
Jesus,
So
Filled
With
Love,
All
Enemies
Will
Be
Crushed—
All
Darkness
Dispelled.

Hide Me

O
My
Soul,
Hide
Me
In
Your
Mercy,
O
My
Jesus,
And
Shield
Me
Against
Everything
That
Might
Terrify
My
Soul.

Plunged in God

O
My
Soul,
Sometimes
I
Am
So
Fully
Plunged
In
God—
Like
A
Sponge
Thrown
Into
The
Sea.

Crown of Truth

O
My
Soul,
Truth
So
Often
Oppressed
Nearly
Always
Wears
A
Crown
Of
Thorns.

Perfect Model

O
My
Soul,
Fix
Your
Eyes
Firmly
On
Jesus—
The
Most
Perfect
Of
Models.

Truth in Eternity

O
My
Soul,
Many
Secrets
Will
Be
Uncovered
And
Truth
Will
Be
Made
Manifest
In
Eternity.

Strength on the Cross

O
My
Soul,
I
Do
Not
Ask,
Jesus,
To
Take
Me
Down
From
The
Cross—
But
I
Implore
You
To
Give
Me
The
Strength
To
Remain
Steadfast
Upon
It.

Upon The Cross

O
My
Soul,
I
Want
To
Be
Stretched
Out
On
The
Cross
As
You
Were,
My
Jesus—
I
Want
All
The
Tortures
And
Pains
That
You
Suffered.

Cup of Bitterness

O
My
Soul,
I
Want
To
Drink
The
Cup
Of
Bitterness,
O
My
Jesus,
To
The
Very
Dregs
As
You
Did
For
Me.

Steeped in Darkness

O
My
Soul,
Though
You
Are
Steeped
In
Darkness,
Do
Not
Despair.

Strength Falling

O
My
Soul,
When
You
Feel
Your
Strength
Falling,
Come
To
The
Fountain
Of
Mercy
To
Fortify
Your5
Soul—
Then
You
Will
Not
Grow
Weary
On
The
Journey.

Sanctification

O
My
Soul,
Suffering
Is
The
Source
Of
Your
Sanctification.

Way to Heaven

O
My
Soul,
There
Is
No
Way
To
Heaven
Except
The
Way
Of
The
Cross—
I
Followed
It
First
--
It
Is
The
Shortest
And
Surest
Way.

A Suffering Soul

O
My
Soul,
A
Suffering
Soul
Is
Closest
To
The
Heart
Of
God.

Entrustment to God's Will

O
My
Soul,
Make
The
Resolution
Never
To
Rely
On
People—
Entrust
Yourself
Completely
To
My
Will
Saying:
"Not
As
I
Want
But
According
To
Your
Will,
O
God,
Let
It
Be
Done
Unto
Me."

To Calvary

O
My
Soul,
Follow
Jesus
Not
Only
To
Tabor
But
Also
To
Calvary.

Language of Love

O
My
Soul,
Speak
To
God
In
Silence
Because
The
Language
Of
Love
Is
Without
Words.

Fear Nothing

O
My
Soul,
Fear
Nothing,
Because
You
Are not
Alone.
God
Is
Always
Supporting
You—
So
Lean
On
Him
As
You
Struggle—
Fearing
Nothing.

An Act of Love

O
My
Soul,
A
Single
Act
Of
Pure
Love
Pleases
God
More
Than
A
Thousand
Imperfect
Prayers.

Transformed into Trust

O
My
Soul,
Beyond
All
Abandonment,
I
Trust.
I
Am
Being
Completely
Transformed
Into
Trust.

Give Me Strength

O
My
Soul,
Do
Not
Lessen
Any
Of
My
Sufferings,
My
God—
Only
Give
Me
Strength
To
Bear
Them.

The Grace To Love

O
My
Soul,
Do
With
Me
As
You
Please,
My
God,
Only
Give
Me
The
Grace
To
Love
You
In
Every
Event
And
Circumstance.

Drinking All

O
My
Soul,
Do
Not
Lessen
My
Cup
Of
Bitterness,
My
God,
Only
Give
Me
Strength
That
I
May
Be
Able
To
Drink
It
All.

Do Not Be Afraid

O
My
Soul,
Do
Not
Be
Afraid
Of
What
Will
Happen
To
You,
God
Will
Give
You
Nothing
Beyond
Your
Strength.

His Holy Will

O
My
Soul,
Do
Not
Turn
To
Creatures
For
Light-
They
Will
Not
Enlighten
You
If
Jesus
Wills
To
Keep
You
In
Darkness.
Submit
To
His
Holy
Will
And
Suffer.

Mercy: Beginning and Ending

O
My
Soul,
Everything
Begins
With
His
Mercy
And
Ends
With
His
Mercy.

Always Close

O
My
Soul,
It
Is
Jesus,
Stretched
Out
On
The
Cross,
Who
Give
Me
Strength
And
Are
Always
Close
To
The
Suffering
Soul.

Faithful

O
My
Soul,
Creatures
Will
Abandon
A
Person
In
His
Suffering
But
You,
My
God,
Are
Always
Faithful.

O
My
Soul,
Join
Your
Little
Sufferings
To
His
Sorrowful
Passion,
And
They
Will
Have
Infinite
Value.

A Crucified God

O
My
Soul,
Remember
That
You
Are
A
Disciple
Of
A
Crucified
God.

Patience

O
My
Soul,
The
Greatest
Power
Is
Hidden
In
Patience.

At Death's Hour

O
My
Soul,
Whoever
Places
His
Trust
In
The
Mercy
Of
God
Will
Be
Filled
With
His
Divine
Peace
At
The
Hour
Of
Death.

Accept Everything

O
My
Soul,
Accept
Everything
That
Comes
Your
Way
As
Given
By
The
Loving
Will
Of
God,
Who
Sincerely
Desires
Your
Happiness.

His Tender Mercy

O
My
Soul,
Everything
That
Has
Come
From
God's
Hand
Is
Contained
In
This
Inconceivable
Mystery—
In
The
Very
Depths
Of
His
Tender
Mercy.

O
My
Soul,
It
Is
Through
His
Most
Compassionate
Heart,
As
Through
A
Crystal,
That
The
Rays
Of
Divine
Mercy
Have
Come
To
Us.

Holocaust

O
My
Soul,
Empty
Yourself
Before
God—
In
Profound
Silence—
As
A
Holocaust.

An Open Gate

O
My
Soul,
Jesus
Is
Your
Hope:
Through
His
Merciful
Heart—
As
Through
An
Open
Gate—
A
Soul
Passes
Through
To
Heaven.

A firm Commitment

O
My
Soul,
Firmly
Trust
And
Commit
Your
Soul
Entirely
To
The
Holy
Will
Or
God,
Which
Is
Me4cy
Itself.

O
My
Soul,
The
Graces
Of
His
Mercy
Are
Drawn
By
Means
Of
One
Vessel
Only,
And
That
Is—
Trust.

Stretched Out On The Cross

O
My
Soul,
I
Am
Stretched
Out
On
The
Cross,
And
I
Feel
Distinctly
That
Strength
Is
Flowing
To
Me
From
Your
Cross—
And
That
You—
You
Alone—
Are
My
Perseverance.

Loneliness, Darkness, Sufferings

O
My
Soul,
Although
Loneliness,
And
Darkness,
And
Sufferings
Of
All
Kinds
Beat
Against
My
Heart,
The
Mysterious
Power
Of
God
Supports
And
Strengthens
Me.

To The Last Drop

O
My
Soul,
Drink
The
Cup
To
The
Last
Drop
And
Trust
Firmly
That
His
Grace,
Which
Has
Sustained
You in
The
Garden
Of
Olives,
Will
Sustain
You
Also
Now
That
You
Are
On
Calvary.

A Flame

O
My
Soul,
Your
Love
For
God
Is
Changing
Into
A
Fire—
Rising
Up
To
Heaven
Like
A
Flame
At
Life's
End.

Sweet Bitterness

O
My
Soul,
Thank
Jesus
For
The
Daily
Chalice
Of
Suffering
He
Gives
You
To
Drink—
It
Is
The
Sweet
Bitterness
Of
His
Will
For
You.

Singing Pain

O
My
Soul,
Sing
Of
Your
Pain
In
Silence
And
He
Will
Hear
And
Understand.

His Grace

O
My
Soul,
Do
Not
Be
Afraid
Of
What
Will
Happen
To
You—
He
Will
Not
Give
You
Anything
Beyond
Your
Strength.
The
Power
Of
His
Grace
Will
Be
Enough
For
You.

Terror! Terror! Terror!

O
My
Soul,
Terror!
Terror!
Terror!
On
All
Sides—
Terror
In
Me--
Terror
All
Around
Me:
And then I heard His voice:
"Why are you afraid?
"Have you no faith?"
Then
The
Boat
Of
My
Soul
Was
Stilled
And
I
Sailed
On...

A Spider's Web

O
My
Soul,
Life
Is
More
Fragile
Than
A
Spider's
Web—
An
Adverse
Wind
Blows
And
The
Soul
Is
All
Trembles.

Chosen Souls-1

O
My
Soul,
Chosen
Souls
Are,
In
My
Hand,
Lights
Which
I
Cast
Into
The
Darkness
Of
The
World
And
With
Which
I
Illumine
It.

Chosen Souls-2

O
My
Soul,
As
Stars
Illumine
The
Night,
So
Chosen
Souls
Illumine
The
Earth.

Chosen Souls-3

O
My
Soul,
The
More
Perfect
A
Soul
Is,
The
Stronger
And
More
Far-reaching
Is
The
Light
Shed
By
It.

Chosen Souls-4

O
My
Soul,
A
Chosen
Soul
Can
Be
Hidden
And
Unknown,
Even
To
Those
Closest
To
It,
And
Yet
Its
Holiness
Is
Reflected
In
Souls
Even
To
The
Most
Distant
Extremities
Of
The
World.

Vessel of Trust

O
My
Soul,
Souls
Draw
Graces
From
This
Fount
Of
Mercy
Solely
With
The
Vessel
Of
Trust.

Humble Souls

O
My
Soul,
The
Torrents
Of
Grace
Inundate
Humble
Souls.

JESUS, My Only Solace

O
My
Soul,
Jesus
Is
My
Only
Solace in
This
Frightful
Exile—
How
Terrible
Is
This
Wilderness
That
I
Have
To
Cross.

A Terrible Thicket

O
My
Soul,
On
This
Earth
The
Soul
Struggles
Through
A
Terrible
Thicket
Of
Difficulty
After
Difficulty.

On The Cross

O
My
Soul,
How
Good
It
Is
To
Be
On
The
Cross—
But
With
Jesus
Only.

Bitterness

O
My
Soul,
I
Am
Constantly
Being
Stretched
Out
On
The
Cross-
Vinegar
And
Gall
Touching
My
Lips...
Yours,
Too,
Was
A
Sweet
Bitterness.

God Determines All

O
My
Soul,
Be
At
Peace
Knowing
That
All
Things
Are
Determined
By
God.

Give Me Strength

O
My
Soul,
Let
Jesus
Do
With
You
As
He
Pleases—
Only
Jesus
Give
Me
Strength
To
Suffer—
Since
Your
Strength
Supports
Me,
I
Shall
Bear
Everything.

My Earthly Vessel Crumbles

O
My
Soul,
My
Earthly
Vessel
Is
Beginning
To
Crumble—
Rejoice
Soon
You
Will
Be
In
The
Father's
House.

Jesus Sustains Me

O
My
Soul,
If
Jesus
Did
Not
Sustain
Me,
I
Would
Not
Be
Able
To
Persevere
On
The
Cross—
To
Endure
So
Much
Suffering.

Each Moment

O
My
Soul,
Live
By
The
Will
Of
God
Each
Moment—
Emptying
Your
Soul
Of
Its
Self-will.

Union

O
My
Soul,
Unite
Yourself
With
Jesus
Through
Suffering.

Meditate on His Passion

O
My
Soul,
When
You
Meditate
On
His
Painful
Passion,
Your
Physical
Sufferings
Will
Be
Lessened.

The Soul's Adornment

O
My
Soul,
The
Will
Of
God
Is
The
Delight
And
Adornment
Of
My
Life.

The Altar of Holocaust

O
My
Soul,
Crushed
And
Ground
By
Suffering,
Burn
On
The
Altar
Of
Holocaust.

Drowned in His Love

O
My
Soul,
Drowned
In
His
Love,
I
Fear
Nothing
In
The
World—
For
God
Himself
Is
My
Strength,
My
Shield,
And
My
Defense.

World of Eternity

O
My
Soul,
Only
The
World
Of
Eternity
Can
Fill
The
Abyss
Of
My
Heart.

Eye of my Soul

O
My
Soul,
The
Eye
Of
My
Soul
Rests
On
Jesus
Stretched
Out
Upon
The
Cross—
Here
Is
My
Dwelling
Place
Forever.

Fire of His Love

O
My
Soul,
Fill
Your
Soul
With
The
Fire
Of
His
Love—
Then
All
Difficulties
Dissipate
Like
Fog
Before
The
Sun's
Rays.

The Light Above

O
My
Soul,
God
Reigns
In
The
Light
Above—
This
It
Is
That
My
Soul
Yearns
For
And
For
Which
My
Heart
Longs.

The Fire of Love

O
My
Soul,
Hasten
On
To
The
Other
World—
To
God
Alone—
Into
The
Incomprehensible
Light—
The
Very
Fire
Of
His
Love.

In The Resplendent Light

O
My
Soul,
In
The
Resplendent
Light
Of
His
Love—
Rest
Secure.

His Refulgent Light

O
My
Soul,
As
My
Days
Are
Drawing
To
A
Close,
The
Eyes
Of
My
Soul
Glimpse
The
Refulgence
Of
His
Light.

Heights of Heaven

O
My
Soul,
The
Heights
Of
Heaven
Draw
Me
Close;
The
Earth
No
Longer
Holds
Me
Back.

Waiting in Silence

O
My
Soul,
In
These
Last
Moments,
I
Know
Not
How
To
Converse
With
Others—
In
Silence
I
Await
You,
My
God.

Truth and Thorns

O
My
Soul,
In
Truth
And
In
Thorns,
Lean
On
Christ--
And
Be
Always
Close
To
Him.

Without Christ

O
My
Soul,
I
Would
Not
Know
How
To
Suffer
Without
You,
My
Christ.

Without Christ-2

O
My
Soul,
Without
Christ
I
Would
Not
Be
Able
To
Brave
Adversities.

Without Christ-3

O
My
Soul,
Without
Christ,
Alone,
I
Would
Not6
Have
The
Courage
To
Drink
From
The
Bitter
Cup.

Along Mysterious Paths

O
My
Soul,
Christ
Is
Always
With
You
And
Leads
You
Along
Mysterious
Paths.

Drop by drop

O
My
Soul,
My lips
Touch
The
Cup
Of
Bitterness—
Drinking
It
A
Drop
At
A
Time.
The
Cup
Is
Now
Empty
To
The
Very
Bottom.

Jesus—My All

O
My
Soul,
Jesus
Suffices
You
For
Everything
Else
The
World
Offers.

Severe Sufferings

O
My
Soul,
Although
The
Sufferings
Are
Severe,
Christ
Sustains
Me.

Loneliness Terrible

O
My
Soul,
Although
The
Times
of
Loneliness
Are
Terrible,
Christ
Makes
Them
Sweet
For
Me.

Great Weakness

O
My
Soul,
Although
The
Weakness
Is
Great,
Christ
Changes
It
Into
Power
For
Me.

Total Submission

O
My
Soul,
In
All
Sufferings,
Submit
Yourself
Completely
To
The
Will
Of
God.

Unfathomable Mysteries

O
My
Soul,
There
Are
Mysteries
That
The
Human
Mind
Can
Never
Fathom
Here
On
This
Earth—
Only
In
Eternity
Will
They
Be
Revealed.

Deep Peace

O
My
Soul,
Even
If
You
Were
To
Go
Through
The
Severest
Of
Trials,
Be
At
Peace:
God
Himself
Governs
All
Things.

Acceptance of All

O
My
Soul,
Accept
Everything
That
His
Hand
Holds
Out
To
You—
The
Love
Of
Jesus
Is
Enough
For
Me.

Glorify God-1

O
My
Soul,
Glorify
God
In
Abandonment
And
Darkness.

Glorify God-2

O
My
Soul,
Glorify
God
In
Agony
And
Fear.

Glorify God-4

O
My
Soul,
Glorify
God
In
Anguish
Of
Spirit
And
Grief
Of
Heart.

Detachment

O
My
Soul,
You
Are
So
Detached
From
The
Earth
Now
That
Christ
Himself
Is
Enough
For
Me.

No Self

O
My
Soul,
There
Is
No
Longer
Any
Moment
In
Your
Life
Now
For
Self
Concern.

To Endure Suffering

O
My
Soul,
Jesus,
I
Beg
You,
Give
Me
Strength
To
Endure
Suffering
So
That
I
May
Not
Make
A
Wry
Face
When
I
Drink
The
Cup
Of
Bitterness.

Trust in God's Mercy

O
My
Soul,
Even if
The
Whole
World's
Miseries
Weighed
On
Your
Soul,
Do
Not
Doubt
For
Even
A
Moment
But
Have
Trust
In
The
Power
Or
God's
Mercy.

Trace and Seal

O
My
Soul,
See
On
All
Sides
The
Trace
Of
God's
Hand
And
The
Seal
Of
His
Mercy—
Which
Embraces
All
Created
Things.

The Ray of His Light

O
My
Soul,
All
Darkness
Disappears
From
A
Soul
Under
The
Ray
Of
Christ's
Light.

God's Kingdom

O
My
Soul,
God's
Kingdom
On
Earth
Is
In
The
Human
Soul.

The Gift of Suffering

O
My
Soul,
Although
My
Sufferings
Are
Great
And
Protracted,
I
Accept
Them
From
God's
Hands
As
Magnificent
Gifts.

Throw Rosebuds

O
My
Soul,
Today,
All
The
Difficulties
And
Sufferings
That
You
Will
Encounter,
Quickly
Seize,
Like
Rosebuds,
To
Throw
At
The
Feet
Of
Jesus—
Little
Matter
That
The
Hand,
Or
Rather
The
Heart
Bleeds.

Enwrapped and Inflamed

O
My
Soul,
Be
Thoroughly
Enwrapped
In
God
And
Let
You4
Soul
Be
Inflamed
By
Hi
Love.

Interior Silence

O
My
Soul,
Strive
For
Interior
Silence
In
Order
To
Be
Able
To
Hear
The
Voice
Of
God.

Compassion

O
My
Soul,
By
His
Wounds
And
Sacred
Passion,
Pray
For his
Compassion.

Loudest Prayer

O
My
Soul,
The
Acceptance
Of
The
Cross
Is
The
Loudest
Prayer
In
The
Ear
Of
God.

The Christic Flame

O
My
Soul,
In
The
Cell
Of
My
Soul—
In
Silence,
Stillness,
And
Solitude,
I
Have
Found
A
Paradise:
The
Christic
Flame!

Preening

O
My
Soul,
Preen
Your
Flight
Feathers
And
Prepare
For
Take-off!

Light Refulgent

O
My
Soul,
My
Soul
Enveloped
In
Silence
Is
Beginning
To
Glimpse
The
Refulgence
Of
Christ's
Light.

Come, Jesus!

O
My
Soul,
Come,
Jesus!
Into
The
Solitude
Of
My
Soul
And
Transform
Me
Into
The
Living
Flame
Of
Your
Love—
Which
Stretches
To
The
Heights
Of
Heaven.

Eternity's Vestibule

O
My
Soul,
Silence
Is
The
Vestibule
Of
Eternity.

Inner Splendor

O
My
Soul,
I
Now
Live
In
The
Splendid
Palace
Of
My
Soul—
In
Profound
Peace—
Awaiting
His
Tender
Touch:
The
Consuming
Flame
Of
His
Love.

Hiddenness

O
My
Soul,
God
Is
Hidden
In
The
Abyss
Of
Your
Nothingness.

Sweet Bitterness

O
My
Soul,
His
Will
Sweetens
The
Chalice
Of
Bitterness.

Uncrushed

O
My
Soul,
Though
Suffering
Is
Intense,
My
Soul
Is
Uncrushed
With
Sorrows:
Christ
Is
Now
Its
Holocaust.

Light of Peace

O
My
Soul,
Find
In
The
Silence
Of
Prayer
His
Peace
And
His
Light.

His Gaze

O
My
Soul,
In
This
Land
Of
Exile,
In
This
Vale
Of
Tears,
Fix
Your
Gaze
On
The
World
Of
Eternity
Where
He
Abides
In
Flashing
Flames
Of
Fire.

Deep Peace

O
My
Soul,
Trust
That
God
Himself
Governs
All
Things
And
Dwell
In
Deep
Peace.

Crystallization

O
My
Soul,
Suffering
Crystallizes
Love:
The
Cross
Of
Christ—
A
Many-faceted
Crystal.

The Jewel

O
My
Soul,
The
Will
Of
God
Is
The
Jewel
Of
Your
Soul.

The Shining Soul

O
My
Soul,
The
More
A
Soul
Does
The
Will
Of
God,
The
More
It
Shines
With
The
Light
Of
Christ.

Stumbling into Christ

O
My
Soul,
As
The
Darkness
Descends
Around
Me,
Tripping
My
Every
Step,
It
Is
You,
My
Christ,
Who
Gives
My
Soul
Courage
To
Go
Forth
and
Not
Tumble
Headlong
Into
The
Abyss.

The Inner Flame

O
My
Soul,
In
The
Chalice
Of
My
Soul,
He
Dwells:
A
Flaming
Fire
Of
Unfathomable
Mercy
And
Incomprehensible
Love.

Penetration

O
My
Soul,
He
Penetrates
My
Soul
With
A
Flame
That
Burns
Away
All
Earthly
Concerns:
My
Soul
Now
Flies
Soaring
Free.

My Cane

O
My
Soul,
The
Cross
Has
Become
My
Cane
On
Which
I
Lean
As
My
Soul
Limps
To
You,
My
God.

Yearning

O
My
Soul,
Yearning
For
God,
A
Soul
Sees
His
Light
Shining
Everywhere—
In
And
Through
All
Created
Things—
There
Is
No
Place
Where
He
Is
Not.

The Playground

O
My
Soul,
The
Cross
God
Gives
You
Is
The
Playground
Of
Your
Soul's
Sanctification—
Its
Salvation.

Paths of Crosses

Our paths in this vale of tears
Are paved with crosses—
We go from cross to cross—
When one cross ends
Another begins—
The key to peace
Is two fold:

TRUST in God's MERCY
And
ABANDONMENT to the
WILL OF GOD
In all circumatances.

"A Transforming Flame"

To Eleanor:

Whose
Soul
Was
And
Is
A
Living
Flame
Of
Christ's
Eternal
Light
And
Love.

Joyce

MyRefuge

When
I feel
That my sufferings
Are more
Than I can bear—
I takr
Refuge
In Christ—
Dwelling in the depths of my soul—
And speak to Him
In profound silence.

Paths of Crosses

Our paths in this vale of tears
Are paved with crosses—
We go from cross to cross—
When one cross ends
Another begins—
The key to peace
Is two fold:

TRUST in God's MERCY
And
ABANDONMENT to the
WILL OF GOD
In all circumstances.

+Joyce

Yearning

My soul
Yearns
To be
Like a dewdrop
Absorbed
In the
Ocean
Of His
Light and love.

Joyce

Endings

All things
Come to an end
In this vale of tears—
Tears dry up—
Pain ceases—
Loved ones die—
Friends depart—
Remember,
O my soul,
That in the end—
Only God remains:
In Him you live, and move
And have your being—
He fills all things
With His light—
He alone is all in all.

Joyce

A Vessel of Truth

When
A Soul
Gives Witness
To
Suffering,
It
Is
Transformed
Into
A
Vessel
Of
Truth.

Joyce

Hastening On

O
My
Soul,
Hasten
On
To
The
Incomprehensible
Light—
In
Total
Submission
To
His
Holy
Will:
This
Is
The
Fountain
Of
His
Peace.

Divine Governance

O
My
Soul,
Be
Always
And
Everywhere
At
Peace:
God
Governs
All
Things—
Nothing
Is
Not
Touched
By
His
Divine
Providence
And
His
Divine
Mercy.

Inundation

O
My
Soul,
When
A
Sea
Of
Bitterness
Inundates
My
Soul,
Capsizing
My
Little
Boat—
It
Shipwrecks
Into
The
Radiance
Of
His
Divinity.